

Welcome to the 2018 UCUC All-Church Summer Camp at Seabeck!

We are glad you are coming to our All-Church Camp at Seabeck this year! We have wonderful program activities planned for everyone around our theme of "Imperfect, Messy, and Striving: God Calls Us to Talk about Race" with Diane Schmitz and Cynthia Macleod, plus the awesome music of Betsy Rose and all the other usual camp traditions and fun!



This letter includes logistical details for arrival and safety and information about what to bring (and NOT bring) to camp.

ARRIVAL AND DEPARTURE

Please arrive at the Seabeck Conference Center between 4pm and 5pm on Sunday, July 8. Check in at the Inn when you arrive (the first building you see when you cross the scenic wooden bridge). If you arrive early, you can hang out across the road by the waters of the Hood Canal, or drive past camp and follow the signs at the next right turn to Scenic Beach State Park. After check-in, you may drive to your lodging area to unload (carefully! - children will be darting about!) Please park only in the designated parking areas and not on the grass.

Each cabin will have a meeting on Sunday at 5pm so you can meet your fellow residents and review your cabin's camp jobs (grace and snacks). There will be a chance for parents and kids to meet their teachers at 5:30pm in the Meeting House. The first meal served at camp will be dinner on Sunday at 6pm.

Please plan to leave camp by 1pm on Friday, July 13. Camp will close after lunch (served at 12:00 noon) on Friday to prepare for another group arriving. We will have a closing worship in the morning before lunch.

The Seabeck Conference Center is located on the Kitsap Peninsula west of Silverdale on the eastern shore of Hood Canal, about 15 miles from Bremerton, accessible via Hwy 3. Directions are attached. Ferry schedule and fare information can be found at www.wsdot.wa.gov/ferries/ We encourage you to carpool - it's a lot more fun that way! Seabeck Conference Center 13395 Lagoon Drive NW Seabeck, WA 98380. (Some GPS send you to another town).
Camp Office: (360) 830-5010 Toll Free from Seattle: (206) 842-0346 www.seabeck.org

Need a ride? After June 23, contact Rock Moulton (rm@new95theses.net) if you can provide or need a ride.

Please keep the Seabeck Planning Committee in your prayers during the coming weeks as we take care of all the remaining details to prepare for camp. We look forward to seeing you soon!

Jessie McAbee, Tom Jacobi and Rock Moulton, co-chairs, Brian Culver, registrar (seabeck@ucucc.org), Carol Bryant, Vanessa Lovejoy-Guron, Kevin Cain, Beth Bartholomew, Bill Ewing, Theo Moore, Susan Keefer, Rev. Amy Roon, Betsy Herring, children's ministry director, Margaret Iribarra Swanson, youth ministry director.

WHAT TO EXPECT and WHAT TO BRING

Bring:

A good attitude! We ask that you bring to camp a spirit of patience and willingness to be flexible.

We have tried to assign housing that will work for everyone. Changes during camp are not possible.

The dining hall will be full and it may be hard to spot a seat -- especially for newcomers. Help each other out!

MORNING

Out of your pajamas and into your togs! The Seabeck dress code is very casual. In addition to your daily ensemble, you may want:

- shorts
- bathrobe
- hat
- swimming suit
- beach shoes
- hiking shoes
- warm sweater
- jacket
- flashlight
- shampoo
- sunscreen
- medications
- aspirin
- antihistamines
- mosquito repellent
- Kleenex

If you're an early bird, there is meditation at 7 and morning devotions at 7:30 every morning.

****Consider signing up to lead morning devotions or offer your musical talent.***

The bell rings 5 minutes before each meal. Great for sleepyheads!

Breakfast is at 8. Just show up and eat when the doors open! (Unless it's your cabin's turn to lead grace!) Highchairs available for the youngest diners.

Morning program starts at 9 and goes until 11:45. Drop your kids off at their program (which includes snack) and join the adults as we explore how we talk about race. Elementary kids join the adults for the last 15 minutes.

It may be handy to have: a notepad, a pencil/pen

AFTERNOON

Lunch is at noon. Just show up and eat!

All camp quiet time is 12:45-1:45. Hang out in or near your cabin or snag a rocking chair on the porch of the inn.

Activities start at 1:45.

1:45-4:45 only -- **Beach and boat dock** are open in the lagoon. No boating or swimming allowed at other times.

A lifeguard will be present at the swimming beach and float. Children need to take a swim test to swim without an adult.

Bring your own:

- beach towel
- beach toys
- beach blanket

Row Boats and Paddle Boats are available at the boat dock, and can hold up to 3 people.

All boaters **MUST** wear lifejackets (these are provided at the dock).

Children who have passed the swimming test may take a brief boating test to be able to take a boat out alone.

Otherwise, children need to be accompanied in the boat by a responsible adult.

****Consider signing up to hang out at the boat dock for an hour or two and help people launch and return boats.***

Crafts at Coleman Center- Birdhouses, Weaving, and more

****Consider bringing a craft to share.***

Tie-dying on Tuesday! Bring:

- White, preshrunk 100% cotton shirts work best (or anything else). Some Seabeck T-shirts will be available for sale.

Crafts and hobbies on your own. Some puzzles, games, and library books are available at Seabeck in the Inn. You may wish to bring your own:

- puzzles
- needlework
- knitting
- quilting
- sketchpads
- board games
- playing cards
- books
- journals
- Bible
- Camera
- ???

Get active!

Some equipment available, but you may want to bring:

- Frisbees
- softball equipment
- yoga mats
- tennis racquets and balls
- favorite ping pong paddles (quarters to buy balls)
- adult bicycles and helmets (off-premises riding only)
- sea kayaks and gear for exploring Hood Canal
- juggling gear
- ???

Yoga your thing or want to try it out? Yoga will be offered daily, led by Tamara Roberts.

****Consider hosting an activity for other campers.***

Get a treat! Snacks and ice cream available at the store across the highway from the camp. Children can get a coupon for a treat when they find a puzzle piece. Parents of young children may want to bring:

- mid-afternoon snacks

Book Discussion- Beth Bartholomew will lead a discussion of the Seattle Reads Selection: ***Homegoing*** by Yaa Gyasi. You are welcome at the discussion regardless of how much, if any, of the book you have read.

Womensong- Sing with Betsy Rose. Bring your voice!

Speaker Talk Back: from 4:00-5:00 presenters Diane Schmitz and Cynthia Macleod will offer an informal discussion of the day's topics each afternoon.

Dinner is at 5:30 (except for Sunday at 6). Just show up and eat!

EVENING

Each night a different event!

Sunday- Welcome Campfire- complete with songs and games (and if we're really lucky, an actual fire!)

Monday- Sunnyside Campfire- complete with songs and jokes! Bring:

- your favorite one-liner, joke, or riddle
- your laughs

Tuesday- Concert with Betsy Rose, enjoy old and new favorites.

Wednesday- UCUC World-Famous Talent Show

All ages are invited to perform on stage.

Acts should be 1-2 minutes long and may range from the silly to the sublime.

There will be a sign-up sheet on the bulletin board so the emcee can arrange the program.

Only one act per person or group, please!

Parental guidance in assisting children is appreciated.

Bring:

- musical instruments
- sheet music
- songbooks
- favorite jokes
- skit ideas
- props
- costumes
- ???

Thursday- Salmon Bake Dinner at the beach on Hood Canal, AND

Folk Dancing, complete with band and caller. Bring your:

- dancing shoes

Snacks every night. Cabins take turns preparing provided snacks.

****Consider volunteering to shop for the snacks for camp (with reimbursement) or supervise cabin teams.***

Vespers every night.

****Consider volunteering to lead vespers.***

Sing-a-long every night. Songbooks provided. Bring: your voice or your instrument

NIGHT

Tuck your kids in! Most houses do not have bathtubs. If needed, bring:

- portable crib
- plastic mattress protector
- bedtime books
- nightlight
- diaper bag
- stroller
- toys

Worn out? Crawl into bed and sleep well at camp. Seabeck provides sheets, blankets, pillows, bath towels, washcloths, and hand soap. You may wish to bring:

- small tarp or mat for sitting on wet grass
- a clock.
- favorite blanket or pillow (extras available at camp)
- reading lamps (many rooms have, bring only if important to you)
- fan (bring if important)

WHAT TO LEAVE AT HOME

Please leave at home all fireworks, pets, weapons, and wheeled conveyances such as scooters, roller blades, and skateboards. Bicycles may only be ridden off-site.

Although there is some cell-phone reception and wireless internet access at camp, we encourage you to disconnect from the electronic world. Especially we encourage the children and youth to leave behind all cell phones, computers, and other electronic devices that disrupt the peaceful atmosphere of Seabeck and their ability to be fully in the experience.

CHILD CARE

Parents/guardians are responsible for their children at all times except during designated program hours when their children are checked into our morning programs. All other childcare arrangements must be made privately. We do encourage babysitting trades for parents to get a break. Please be especially vigilant during all water activities.

SAFETY

In case of emergency, call 9-1-1. There are phones in most of the camp buildings or use a cell-phone. If an unexpected fire or other emergency occurs, the camp bell will sound and all campers should gather in the designated open areas outside the buildings (no fire drills are planned).

There are first aid kits in the main camp office and many of the program buildings and AEDS in the office and staff residences. The nearest medical facilities are in Silverdale: Harrison Hospital (360) 744-8800 and Kaiser Permanente (360) 307-7300. Please let us know if you get hurt or encounter any safety/maintenance issues around the camp.

The Seabeck Conference Center asks that you do not smoke in rooms, on porches, in the woods, or on the trails. If you do smoke, please do so only in appropriate open areas outdoors, and dispose of the debris in a safe and litter-free way.

Boating and swimming at the camp are only open during the designated afternoon hours. If you go hiking or sea kayaking off-site, please go with a buddy and to let someone else know of your plans and when you expect to return. Parents are responsible for their children during the afternoons and evenings, and especially during all water activities. It is especially important to monitor younger children at the beach as the lifeguard will be very busy with so many kids at camp this year.

We expect that everyone will have an enjoyable time and follow the camp rules. The church carries liability insurance for all campers; however, we hope this will not ever be needed. Please be safe!

MEALS

The Seabeck Conference Center works hard to meet our meal needs. To ensure options for those who have specific food needs, we need to know about them in advance. If you did not mark a special meal choice or potential life-threatening allergy on your registration form, please include a note with your payment. The meals and snacks provided do not contain nuts and we ask that you do not bring things like peanut butter into the dining hall and common areas. Special diet cards will be distributed to individuals who requested a special diet. These cards are to be presented to the servers in the dining room in order to help them provide you with the right meal option. Last-minute special diet requests may be subject to a one-meal waiting period.

If you bring any of your own food that needs refrigeration, please let us know when you check in at camp. Please do this only if absolutely necessary as the camp has little spare refrigerator space.

There is no tipping, but there is a 'pass the hat' donation option for the Seabeck staff at Friday lunch.